

St. Martin's in the Pines

2011 Annual Report



OUR MISSION

To serve God through a ministry that provides a continuum of care and quality of life to aging individuals and their families.

Annually, St. Martin's serves more than 2000 elders and their caregivers through these services:

The Arbors Apartments Woodside Place Assisted Living The Pines Nursing & Rehabilitation
The Cottages at St. Martin's Evergreen (Alzheimer's Care) St. Martin's At Home Care Services & Products

Reshaping Retirement Community

The fast-paced progression of new technologies paired with the constant desire for seniors to remain in their own home for as long as possible is reshaping traditional retirement communities across America...and even the world. From electronic medication organizers and dispensers, electronic vital sign monitors to whole-house sensors, new assistive devices connected to the internet allow remote access to more information than ever before. St. Martin's is reviewing and adopting the best of these new assistive devices and offering seniors more and more options for remaining independent in their own homes. When creating care plans for seniors, information is key. The more reliable the information, the better the interventions can be in establishing and choosing care service and devices.

Retirement communities are no longer restricted to their campus borders. St. Martin's is taking its historical approach to innovative care and services to the broader community through St. Martin's At Home consisting of St. Martin's Personal Care and St. Martin's Connect Care. The Personal Care program offers a personal touch for seniors whether it be personal care, housekeeping, meal preparation, companionship, errands, etc. The Connect Care program offers assistive devices, sensors, and alert equipment that give seniors and their remote caregivers a sense of safety. These devices can work together gathering data and help medical professionals predict problems and proactively intervene, sometimes preventing hospitalization. The possibilities seem endless with these new technologies.

St. Martin's, as an innovator in senior care services, is helping to reshape elder care. Whether it is new and innovative residential care programs like "The Cottages" or the specialty programs of "At Home" our mission remains the same, to provide a continuum of care and quality of life to aging individuals and their families.

St. Martin's would like to recognize and thank the following outgoing board members:
Keehn Berry, Kathryn Corey, Dr. Tommy Payne, Dr. Alvin Pelton and the Rev. Joe Warren.

We welcome the following new board members:
Rev. Steve DeGweck, Patsy Dreher, Nancy Herndon, Heager Hill and Jim Pool.

We Thank Them All For Their Support & Service!

HOW CAN YOU HELP SUPPORT OUR MISSION?

Pay Tribute. Memorial contributions may be designated in memory of friends and family. Contributions may also be given in honor of friends, family, and staff.

Appreciate the Appreciated. Giving long-term appreciated stock offers you a two-fold tax savings and provides for enrichment programs for St. Martin's elders.

Defer for a Lifetime. Make a bequest and name St. Martin's in the Pines in your will.

Give of Your Time. There are many volunteer opportunities to meet everyone's needs. Call Katy Smith, Director of Pastoral Care at (205) 314-4136 to learn about volunteer opportunities.

Contact Jennifer Ray, Director of Development, for more information at 205.314.4204 or at jray@stmartins.ws. And visit our website's philanthropy section at www.stmartinsinthepines.org/philanthropy.html



Friends of The Cottages formed this year as a volunteer group hosting quarterly parties for Elders of The Cottages.

Leadership Team

Terry Rogers-President/CEO, Mike Faulkner-CFO, Jeff Burchfield-Administrator, Nursing Home/Cottages, Nancy Cobb-Operations Director, Senior Living, Karen Glover-Administrator, Assisted Living, Martha Harbison-Exec. Assistant, Mamie Mahone-Corporate Compliance Officer, HR/Risk Management, Joell Miller-Director, St. Martin's At Home, Jennifer Ray-Director of Development, The Rev. Jennifer Riddle-Chaplain, Linda Robertson-Operations Director, Nursing Home/Cottages, The Rev. Katy Smith-Director of Pastoral Care

Board of Directors

Nancy Whitson-Chair, Jeremy DiPiazza-Chair-Elect, Ted Loftus-Treasurer, Dr. Tommy Payne-Secretary, Keehn Berry, Mariah Chapman, Kathryn Corey, Guerry Moore Denson, James S.M. French, Peggy Miller, Dr. Alvin Pelton, David Smitherman, Rev. Canon Joseph Warren, Dr. Andrea White

COMMUNITY IMPACT

St. Martin's is committed to serving the community through a comprehensive social accountability program providing residential healthcare and retirement services in Birmingham. We also fulfill our responsibility to the community-at-large through partnering and supporting other service organizations. This past year our activities included:

.....serving elders in our community.

- 312 elders required skilled nursing care, rehabilitation, and long-term care
- 45 elders received special Alzheimer's care in our Evergreen at St. Martin's Assisted Living
- 82 elders lived in our Assisted Living facility
- 127 elders resided in our Retirement Apartments
- 235 persons received care through St. Martin's At Home
- Direct financial support to elders unable to pay for their care.

.....supporting St. Martin's staff.

- \$118,713 to support staff continuing education and training
- \$9,096 granted to staff for emergent needs through the Employee Benevolence Fund
- \$7,545 granted toward tuition assistance for staff members

.....supporting other community organizations.

- Better Business Bureau Member
- Birmingham Humane Society
- Boy Scouts of America
- CAWACO Horticulture Therapy Program
- Chambers of Commerce—Irondale & Vestavia
- Episcopal Place
- Firehouse Shelter
- Girl Scouts of America
- Greater Birmingham Ministries
- Hand-in-Paw Pet Therapy
- Irondale Food bank
- The Lovelady Center
- Positive Maturity's Yellow Dot Program
- Rotoract Club of Birmingham
- Susan G. Komen Foundation
- Meeting site for Kiwanis Club
- Meeting site for numerous church groups
- Participant, Senior Crimestoppers
- Sponsor of Alzheimer's of Central Alabama
- Clinical site for Lawson State, Licensed Practical Nurse Students
- Clinical site for Samford University, Registered Nurse Students
- Work site for Mountain Brook High School Vocational Program
- Partnership with Putnam Middle School for intergenerational programs
- Training site/preceptor for licensing of nursing home administrators
- UAB Center for Palliative Care
- UAB, Harper Summer Fellowship Program

.....St. Martin's staff serving and leading.

- Alzheimer's of Central Alabama
- Alabama Nursing Home Association
- Assisted Living Association of Alabama
- Episcopal Place
- Host site for long term care culture change training
- Host site for The Green House Project workshops
- Interfaith Coalition on Aging
- Lawson State College Clinical Programs Advisory Committee
- LeadingAge & LeadingAge Alabama
- MSSO (Medical Social Service Organization) of Birmingham
- Public Policy Congress - LeadingAge
- Rotary International
- UAB Center on Aging Community Advisory board



Elders from The Arbors Apartments donated over 1200 lbs of food to the Irondale Food bank.



When Elders heard about Trina Vines Chandler's plans to visit Haiti on a Mission Trip—they asked if they could help. Elders packaged 50 gift bags with toys, candy and prayers.



Trina delivered the gift bags to an Orphanage in Haiti.



St. Martin's Assisted Living Elders serve as Mentors to Putnam Middle School Special Needs students through CAWACO's Horticulture Therapy program.



The Pines Nursing & Rehab was featured in a video for Hand In Paw.